



RQF 5

Course Delivery Report

Institution Rangsit University

Faculty School of Nursing

Section 1: General Information

1. Course Title BNE 351 Mental Health and Psychiatric Nursing

2. Number of Credit 3(2-2-5)

3. Curriculum/Type of Subject Nursing/ Professional

4. Course Coordinators/ Course Instructors

Course coordinators: 1) Asst. Prof. Dr. Vatcharin Wuthironarith
2) Dr. Ratre Thongyu

Course instructors : 1) Dr. Vatcharin Wuthironarith
2) Aj. Ratre Thongyu
3) Asst.Prof. Muthita Phanasatit (Psychiatrist)

5. Semester First Second Summer

Year Second year

Study Place Room 4/2-400 School of Nursing, Rangsit University

Section 2: Comparison of actual teaching/learning with the teaching plan

PLOs	Learning outcomes	Teaching methodologies as indicated in the course syllabus	Effectiveness		Obstacles to the use of teaching/ learning strategies and suggestions for improvement
			Yes	No	
1	<p>1. Knowledge</p> <p>Utilize knowledge, concepts, theories in mental health and psychiatric nursing for analysing mental health and psychiatric problems, planning, and implementing nursing interventions in cases study or simulations. (1.2 aligned with PLO 1)</p>	<ul style="list-style-type: none"> ● Lecture (brief the core concepts) ● Assign group work for analyzing case study and planning nursing interventions. 	√		-
2,5	<p>2. Skills</p> <p>1) Using statistics and scientific process to analyze mental health and psychiatric problem situations and find solution methods and promote mental health. (2.3 aligned with PLO2)</p> <p>2) Practicing mental health and psychiatric</p>	<p>-Cooperative learning Case / Role play Assignment in Lab training</p> <ul style="list-style-type: none"> ● Assign a group work as following steps; 1) divide students into 2 groups, 17 students per group 	√		

PLOs	Learning outcomes	Teaching methodologies as indicated in the course syllabus	Effectiveness		Obstacles to the use of teaching/ learning strategies and suggestions for improvement
			Yes	No	
	nursing in laboratory and simulation congruence with mental health and psychiatric nursing principles. (2.3 aligned with PLO2)	<p>2) Provide patient scenarios for group discussion</p> <p>3) Perform laboratory practice in accord with scenarios given • VDO / Clip / SP • Self-study • Return demonstration</p> <p>4) Role play on case scenario assignment</p> <p>5) Critically analyze information from the selected case scenario to Formulate nursing care plan and concept mapping.</p> <p>6) Take a laboratory exam</p>			
	3) Engage in English communication and using IT tools to search and data for problem solving. (2.1 aligned with PLO5)	Group work: searching an article (English language) regarding assigned topics, summarizing main learning issues and considering how to apply in mental health and psychiatric nursing intervention.	√		

PLOs	Learning outcomes	Teaching methodologies as indicated in the course syllabus	Effectiveness		Obstacles to the use of teaching/ learning strategies and suggestions for improvement
			Yes	No	
1,2,8	3. Ethics and Morality 1) Expressing practices with regard to laws, the code of ethics and professional conduct. (3.3 aligned with PLO2,8) Expressing honesty behavior, discipline, respect for regulations, and responsibility (3.1 aligned with PLO 1,2,8)	Integrated how to practices with regard to laws, the code of ethics and professional conduct. Cooperative learning	√		-
2	4. Characteristics 1) Trustworthiness, warmth, appropriate behaviors and having service minded. (4.2 aligned with PLO2)	- Attendance the class Lab training	√		

AUN-QA 3.4

Life-long Learning

Commitment to Critical Inquiry _Group work report

Information-processing Skills ระบุ มอบหมายงานให้ค้นคว้าเพิ่มเติม (Assignment)

โดยใช้เทคโนโลยี ดิจิทัลในการสืบค้น วิเคราะห์กรณีศึกษา หรือบทความ/งานวิจัย ใช้หลักฐานเชิงประจักษ์ ทั้งภาษาไทยและ ภาษาอังกฤษ เพื่อนำมาประยุกต์ ใช้ในการพยาบาลสุขภาพจิตและจิตเวช (Case Based

learning) และ Problem Based Learning (PBL) มีการเรียนรู้แบบมีส่วนร่วม (Participatory learning) และ แสดงความคิดเห็นในชั้นเรียน และการอภิปรายกลุ่ม (Group discussion and reflection) และการอภิปราย กลุ่ม (Group discussion and reflection)

Willingness to Experiment with New Ideas and Practice ระบุ.....

AUN-QA 3.5

New Ideas ระบุ.....

Creative Thought ระบุ...ออกแบบและดำเนินการจัดกลุ่มกิจกรรมบำบัดสำหรับผู้ป่วยจิตเวช
สถานการณ์จำลอง.....

Innovative Mindset ระบุ.....

Entrepreneurial Mindset ระบุ.....

Lesson Plan :s

Topics	Planned Teaching Hours (Theory)	Actual Teaching Hours	Planned Teaching Hours (Lab)	Actual Teaching Hours	Identify the rationales, if discrepancy exceeds 25%
1. Concepts of mental health and psychiatric nursing,	2	2	-	-	-
2. Mental Health and Psychiatric Community	1	1	-	-	-
3. The Nursing Therapeutic with mental health and psychiatric problems	2	2	-	-	-
4. Nursing process in mental health and psychiatric nursing	1	1	-	-	-
5. Concepts of cognitive development theories, psychosocial theories	4	4			
6. Nursing care for adult and elderly patients with mental health and psychiatric problems	2	2			

Topics	Planned Teaching Hours (Theory)	Actual Teaching Hours	Planned Teaching Hours (Lab)	Actual Teaching Hours	Identify the rationales, if discrepancy exceeds 25%
6.1 Nursing care for patients with anxiety and stress 6.2 Nursing care for patients with anxiety disorder (Obsessive-compulsive disorders, Adjustment disorder, Acute stress disorder, Somatoform disorder)					
6.3 Nursing care for patients with cognition and perception problems (Schizophrenia/ delusion, hallucination, paranoid, withdrawal)	2	2			
6.4 Nursing care for patients with anger, aggressive, hostility	1	1			
6.5 Nursing care for patients with sexual dysfunction and disorder, Gender identity disorder 6.6 Nursing care for patients with personality disorders 6.7 Nursing care for patients with eating disorders 6.8 Nursing care for patients with dementia and delirium 6.9 Nursing care for patients with sleep problems	2	2			
6.10 Nursing care for patients with drug addiction	1	1			

Topics	Planned Teaching Hours (Theory)	Actual Teaching Hours	Planned Teaching Hours (Lab)	Actual Teaching Hours	Identify the rationales, if discrepancy exceeds 25%
6.11 Nursing care for patients with mood disorders (Loss& grief, Depression, Depressive disorder, Bipolar disorder, Mania)	2	2			
7. Nursing care for children and adolescents with mental health and psychiatric problems	2	2			
8. Principles of diagnosis and mental health and psychiatric treatment	2	2			
9. Nursing care for patients who received mental health and psychiatric treatments 9.1 Nursing care for patients who received Medical Treatment and ECT 9.2 Crisis intervention and Emergency Psychiatry	2	2			
9.3 Nursing care for patients who received Psychological Treatment 9.4 Milieu Therapy, Group Activity Therapy	2	2			
9.5 Counseling	1	1			
10. Mental health acts, ethics, and professional code of ethics	1	1			
Lab 1. Counseling			6	6	-
Lab 2. Therapeutic use of self and therapeutic relationships			3	3	-
Lab 3. Group activity therapy			5	5	-

Topics	Planned Teaching Hours (Theory)	Actual Teaching Hours	Planned Teaching Hours (Lab)	Actual Teaching Hours	Identify the rationales, if discrepancy exceeds 25%
LAB 4: Mental status examination (MSE)			6	6	-
LAB 5: Nursing process and analysis cases			4	4	-
LAB 6: Community Psychiatry and Screening Tools			3	3	-
LAB 7: ER) & ECT			3	3	-
Total	30	30	30	30	-

2. Topics that could not be delivered as planned.

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3. Effectiveness of the teaching methodologies that achieved the learning outcomes as specified in the course syllabus

4. Suggestions for quality improvement of the teaching/learning methodologies

Multiple learning methods and group work are useful for learning outcomes.

Section 3: Summary of the course delivery (outcomes)

3.1 Number of the registered students (as of the last day to add/drop): 34 students.

3.2 Number of the students at the end of the semester: 34 students

3.3 Number of students who dropped (W): - student

3.4 Grades distribution

Grade Range	Number of students	Percentage
A	12	35.3
B+	9	26.5
B	5	14.7
C+	8	23.5
Total	34	100.0

3.5 Factors influencing abnormal distribution of the grades.

The reason would be the student's proficiency and their high maturities.

3.6 Discrepancies in the evaluation plan specified in the course syllabus.

Aspect	Discrepancy	Rationales
-	-	-

3.7 The students' achievement verification.

Verification Methods	Summary
Course coordinator and course instructors considered the scores from learning outcomes evaluation and grading prior to verify by the Academic Administrative Committee of the School of Nursing, Rangsit University, and the BNE: Nursing Program Accreditation Committee of the School of Nursing, Rangsit University, respectively.	The grade is accepted as presented

Section 4: Issues and its impact on the course delivery

4.1 Teaching/learning resources and accommodations

Obstacles to the use of resources and accommodations	It's impact on teaching/learning
-	-

4.2 Administration and organization

Obstacles to the administration and organization	It's impact on teaching/learning
-	-

Section 5: Course Evaluation

5.1 Results of the course evaluation by the students (see attached)

The overall mean scores of teachings and learning for the course are in a very good (Mean score = 4.90, S.D.= 0.10) with the mean score of the teaching and learning items range from 4.71-5.00 (Very good). Details are presented in the course evaluation table.

5.2 Results of the course evaluation by other: None

Section 6: Improvement Plan

6.1 Progress of the suggestions for improvement previously proposed

Designed lab and practicing activities are important to improve knowledge and skills in mental health and psychiatric nursing. Finally, the learning activities that encourage the students to do group assignment, support group/peer reviews is useful for classroom achieved.

6.2 Other efforts to improve the course performance.

More learning methods should be applied to improve students' understanding and skills in lab training regarding mental health and psychiatric clients.

6.3 Suggestion(s) for improvement plan in the next academic year

Activities	Due date	Responsible party
1. New learning method should be applied.	Throughout the course	Course coordinators and lectures/team teaching

6.2 Suggestion(s) from the course coordinator to the program director

Course Evaluation

BNE 351 Mental Health and Psychiatric Nursing

1st Semester, Academic Year 2025

รายการประเมิน	Mean	S.D.	Max	Min
ด้านการจัดการเรียนการสอน				
1. Concept หลักและเนื้อหาของรายวิชานี้สามารถใช้เป็นพื้นฐานของรายวิชาภาคปฏิบัติได้	4.86	0.38	5	4
2. การเรียงลำดับเนื้อหาในรายวิชาเหมาะสม	4.86	0.38	5	4
3. กิจกรรมการเรียนการสอนและการมอบหมายงานแบบอภิปรายกลุ่มเหมาะสม ทำให้เกิดการเรียนรู้ได้ดี	5.00	0.00	5	5
4. เนื้อหาและกิจกรรมการเรียนทั้งหมดสอดคล้องกับจำนวนชั่วโมง	5.00	0.00	5	5
5. โดยรวมแล้วอาจารย์ผู้สอนมีความรู้และความเชี่ยวชาญในเนื้อหาที่สอน	5.00	0.00	5	5
6. การประเมินผลรายวิชานี้เหมาะสม	4.86	0.38	5	4
7. ภาพรวมการเรียนการสอนในรายวิชานี้เหมาะสม	4.86	0.38	5	4
ด้านผู้เรียน				
1. นักศึกษาเกิดการเรียนรู้ทั้งแนวคิด เนื้อหา และกระบวนการ	4.71	0.49	5	4
2. นักศึกษามีการศึกษาค้นคว้าเพิ่มเติม นอกเหนือจากชั้นเรียน	4.71	0.49	5	4
3. ผลจากการเข้าเรียนในวิชานี้ ส่งเสริมให้นักศึกษามีเนื้อหาไปใช้ประกอบในการขึ้นฝึกภาคปฏิบัติ	4.86	0.38	5	4
4. ภาพรวมนักศึกษาพึงพอใจกับการเรียนการสอนในรายวิชานี้	4.86	0.38	5	4
การใช้ Google classroom				
1. อาจารย์ upload เอกสารประกอบการเรียนผ่าน Google classroom นักศึกษาสะดวกในการ download	4.86	0.38	5	4

รายการประเมิน	Mean	S.D.	Max	Min
2. นักศึกษาสะดวกในการส่งงานผ่าน Google classroom	5.00	0.00	5	5
3. การติดต่อสื่อสารระหว่างผู้สอนกับนักศึกษาผ่าน Google classroom มีความสะดวก	5.00	0.00	5	5
4. ในภาพรวมนักศึกษามีความพึงพอใจในการใช้ Google classroom ในการจัดการเรียนการสอนรายวิชานี้	5.00	0.00	5	5
ค่าเฉลี่ย	4.90	0.10		

ข้อเสนอแนะ -

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(Asst.Prof.Dr. Vatcharin Wuthironarith)

Course Coordinator

Date: January 10, 2026

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(Asst.Prof.Dr. Sangrawee Maneesri)

Program Director

Date: January 10, 2026