



มหาวิทยาลัยรังสิต

Course Specification

Faculty School of Nursing **Department** Mental health and Psychiatric Nursing**Curriculum** Bachelor of Nursing Science Program, New Program in year 2022**Section 1 General Information**

BNE 351 การพยาบาลสุขภาพจิตและจิตเวช 3 (2-2-5)
 (Mental Health and Psychiatric Nursing)

Co-requisites -**Pre-requisite** -

Semester 1/2025

Section 01

Type of subject ☐ General education course
 ☐ Basic professional course
 ☒ Professional course
 ☐ Free elective course

Course 1. Asst.Prof.Dr.Vatcharin ☒ Former instructor
 coordinator: Wuthironarith

2) Aj. Ratree Thongyu ☒ Former instructor

Course 1) Asst.Prof.Dr.Vatcharin ☒ Former ☐ Invited
 instructors: Wuthironarith

2) Aj. Ratree Thongyu ☒ Former ☐ Invited

3) Asst.Prof.Dr. Muthita Phanasatit ☐ Former ☒ Invited
 (Psychiatrist)

Study place School of Nursing, Room 4/2-400-2 ☒ In-site ☐ Out-site

Lastest Update 14 August, 2025

Section 2 Course Objectives and Components

1. Course objectives:

1) Explain the philosophy, concepts, basic principles, scope of work in mental health, concepts, and the history of mental health and psychiatric nursing, the role and characteristics of psychiatric nurses the roles of nurses in caring for individuals, risk groups, those with mental health problems, psychiatric problems, and drug addiction in community and in institution.

2) Analyze the differences, causes, and symptoms between individuals with mental health issues and those suffering from psychiatric disorders, and understand the principles of differential diagnosis in mental health and psychiatry.

3) Explain the principles of nursing for individuals with cognitive, emotional, perceptual, and behavioral disorders, including controlling the consumption of tobacco and addictive substances, by using a holistic nursing process that considers morality, ethics, and multiculturalism in community.

4) Using nursing process, mental health and psychiatric screening and assessment tools, mental health and psychiatric nursing technologies, counseling and psycho-social therapy in patients with psychiatric problems and therapeutic relationship with regard to laws, the code of ethics and professional conduct.

2. Course description:

Basic principles, concepts of cognitive development theories, psychosocial theories, the role of nurse in promotion, prevention, therapeutic care, and rehabilitation for those with mental health and psychiatric problems throughout the lifespan, tobacco control in community and health care setting based on patient's rights, mental health acts, ethics, and professional code of ethics , laboratory practice using nursing process, psychiatric screening and assessment tools, therapeutic use of self, counseling, therapeutic relationship, group activities, and mental health and psychiatric nursing information technology.

3. Contact hours per week for advising and guidance to students

Number 3 hours/week



e-mail : vatcharin@rsu.ac.th



e-mail : ratree.t@rsu.ac.th



Others (Specify) Google classroom

4. Course Learning Outcomes: CLOs : (สำหรับหลักสูตรที่ใช้ตามเกณฑ์มาตรฐานหลักสูตร พ.ศ. 2565)

After study this course, students should be able to

4.1 Knowledge

1) Utilize knowledge, concepts, theories in mental health and psychiatric nursing for analysing mental health and psychiatric problems, planning, and implementing nursing interventions in cases study or simulations (CLO 1.2 aligned with PLO1)

4.2 Skills

1) Using statistics and scientific process to analyze mental health and psychiatric problem situations, find solution methods and promote mental health. (2.3 aligned with PLO2)

2) Practicing mental health and psychiatric nursing in laboratory and simulation congruence with mental health and psychiatric nursing principles. (2.3 aligned with PLO2)

3) Engage in English communication and using IT tools to search and data for problem solving. (2.1 aligned with PLO5)

4.3 Ethics and Morality

1) Expressing practices with regard to laws, the code of ethics and professional conduct. (3.3 aligned with PLO2,8)

2) Expressing honesty behavior, discipline, respect for regulations, and responsibility. (3.1 aligned with PLO 1,2,8)

4.4 Characteristics

1) Trustworthiness, warmth, appropriate behaviors and having service minded. (4.2 aligned with PLO 2)

Section 3 Student's Learning Outcome Development

This section will provide the details of learning outcome, learning process and method of evaluation.

1. Knowledge

PLOs	Learning Outcome (CLOs)	Teaching methods	Evaluation methods	Assessment Tools
1	Utilize knowledge, concepts, theories in mental health and psychiatric nursing for analysing mental health and psychiatric problems, planning, and implementing nursing interventions in cases study or simulations. (1.2 aligned with PLO 1)	- Lecture (brief the core concepts) - Assign group work for analyzing case study and planning nursing interventions.	- Mid term examination (20%) - Final examination (30%) - Group work presentation (5%)	- MCQ - MCQ - Group Presentation Evaluation Form (Rubric)

2. Skills

PLOs	Learning Outcome (CLOs)	Teaching methods	Evaluation methods	Assessment Tools
2,5	1) Using statistics and scientific process to analyze mental health and psychiatric problem situations and find solution methods and promote mental health. (2.3 aligned with PLO2) 2) Practicing mental health and psychiatric nursing in laboratory and simulation congruence with mental health and psychiatric nursing principles. (2.3 aligned with PLO2)	- Cooperative learning - Case / Role play - Assignment in Lab - training	● Observe students' behaviors and skills ● Lab BNE351 evaluation form	Lab BNE351 evaluation form ● Counseling Skill Evaluation Checklist (Rubric) ● Therapeutic Relationship Skill Evaluation Checklist (Rubric) ● Leadership in Group Therapeutic Activity Evaluation (Rubric) ● Nursing Documentation Evaluation Form (Rubric)
		● Assign a group work as following steps; 1) divide students into 2 groups, 17 students per group 2) Provide patient scenarios for group discussion 3) Perform laboratory practice in accord with scenarios given • VDO / Clip / SP • Self-study • Return demonstration	● Laboratory examination	● Lab examination form Lab 1) Counseling Lab 3) Group activity therapy Lab 4) MSE

PLOs	Learning Outcome (CLOs)	Teaching methods	Evaluation methods	Assessment Tools
		4) Role play on case scenario assignment 5) Critically analyze information from the selected case scenario to Formulate nursing care plan and concept mapping. 6) Take a laboratory exam		
	3) Engage in English communication and using IT tools to search and data for problem solving. (2.1 aligned with PLO5)	Group work: searching an article (English language) regarding assigned topics, summarizing main learning issues and considering how to apply in mental health and psychiatric nursing intervention.	Report	Group Report Evaluation Form (Rubric)

3. Ethics and Morality

PLOs	Learning Outcome (CLOs)	Teaching methods	Evaluation methods	Assessment Tools
1,2,8	1) Expressing practices with regard to laws, the code of ethics and professional conduct. (3.3 aligned with PLO2,8) 2) Expressing honesty behavior, discipline, respect for regulations, and responsibility (3.1 aligned with PLO 1,2,8)	- Integrated how to practices with regard to laws, the code of ethics and professional conduct. - Cooperative learning	Observe student behaviors in class and in laboratory participation.	Class Attendance Evaluation Form (Rubric) (5%)

4. Characteristics

PLOs	Learning Outcome (CLOs)	Teaching methods	Evaluation methods	
2	1) Trustworthiness, warmth, appropriate behaviors and having service minded. (4.2 aligned with PLO2)	● Attendance the class ● Lab training	● Observe student behaviors in class and in laboratory participation.	● Group Presentation Evaluation Form (Rubric)

Section 4 Lesson Plan and Evaluation

4.1 Lesson plan: Module will be studied between 18th and 29th August, 2025

Wk	Date Time	Topic	Hrs	Learning and Teaching Method	Instructor
1	M 18 Aug 8.30-9.00	Orientation course	½	Orientation	Asst.Prof.Dr.Vatcharin
	9.00-11.00	1. Concepts of mental health and psychiatric nursing, - Basic principles - Role of nurse in promotion, prevention, therapeutic care, and rehabilitation for those with mental health and psychiatric problems throughout the lifespan	2	- Cooperative learning - Summary main concepts	Asst.Prof.Dr.Vatcharin
	11.00-12.00	2. Mental Health and Psychiatric Community	1	- Cooperative learning - Summary main concepts	Asst.Prof.Dr.Vatcharin
	13.00-15.00	3. The Nursing Therapeutic with mental health and psychiatric problems	2	- Cooperative learning - Summary main concepts	Asst.Prof Dr. Vatcharin
	15.00-16.00	4. Nursing process in mental health and psychiatric nursing	1	- Cooperative learning - Summary main	Asst.Prof Dr. Vatcharin

Wk	Date Time	Topic	Hrs	Learning and Teaching Method	Instructor
				concepts	
	T 19 Aug 08.00-12.00	5. Concepts of cognitive development theories, psychosocial theories (Psychoanalytic theory, Developmental Theories, Behavioral Theories, Cognitive Theories, Biomedical Theory, Humanistic Theories, Interpersonal Theories)	4	- Cooperative learning - Summary main concepts	Aj. Ratree
	13.00-15.00	6. Nursing care for adult and elderly patients with mental health and psychiatric problems 6.1 Nursing care for patients with anxiety and stress 6.2 Nursing care for patients with anxiety disorder (Obsessive-compulsive disorders, Adjustment disorder, Acute stress disorder, Somatoform disorder)	2	- Cooperative learning - Summary main concepts	Aj. Ratree
	15.00-16.00	Lab 3. Group activity therapy (Time 1)	1	-VDO -Training	Aj. Ratree Asst.Prof Dr. Vatcharin
	W 20 Aug 9.00-11.00	6.5 Nursing care for patients with sexual dysfunction and disorder, Gender identity disorder 6.6 Nursing care for patients with personality disorders 6.7 Nursing care for patients with eating disorders 6.8 Nursing care for patients with dementia and delirium 6.9 Nursing care for patients with sleep problems	2	- Cooperative learning - Summary main concepts	Aj. Ratree

Wk	Date Time	Topic	Hrs	Learning and Teaching Method	Instructor
	11.00-12.00	6.10 Nursing care for patients with drug addiction	1	- Cooperative learning - Summary main concepts	Aj. Ratree
	14.00-16.00	8. Principles of diagnosis and mental health and psychiatric treatment	2	-Lecture (Online)	Asst.Prof.Dr. Muthita (Psychiatrist)
	TH 21 Aug 9.00-11.00	6.11 Nursing care for patients with mood disorders (Loss& grief, Depression, Depressive disorder, Bipolar disorder, Mania)	2	- Cooperative learning - Summary main concepts	Asst.Prof.Dr.Vatcharin
	11.00-12.00	10. Mental health acts, ethics, and professional code of ethics	1	- Cooperative learning - Summary main concepts	Asst.Prof.Dr. Vatcharin
	13.00-15.00	7. Nursing care for children and adolescents with mental health and psychiatric problems - Intellectual Disabilities - Autistic disorder / Autistic spectrum - Conduct disorder - ADHD / LD - Game and Internet addiction / Gambling disorder - Eating disorder	2	- Cooperative learning - Summary main concepts -Group work for searching an article (English language) regarding children and adolescent mental health and psychiatric, summarizing main learning issues and considering how to	Asst.Prof.Dr. Vatcharin

Wk	Date Time	Topic	Hrs	Learning and Teaching Method	Instructor
				apply in mental health and psychiatric nursing intervention.	
	F 22 Aug 09.00-11.00	6.3 Nursing care for patients with cognition and perception problems (Schizophrenia/ delusion, hallucination, paranoid, withdrawal)	2	- Cooperative learning - Summary main concepts	Aj.Ratree
	11.00-.12.00	6.4 Nursing care for patients with anger, aggressive, hostility	1		Aj.Ratree
	13.00-15.00	9. Nursing care for patients who received mental health and psychiatric treatments 9.1 Nursing care for patients who received Medical Treatment and ECT 9.2 Crisis intervention and Emergency Psychiatry	2	- Cooperative learning - Summary main concepts -Group work for searching an article (English language) regarding children and adolescent mental health and psychiatric and summary report.	Aj. Ratree
2	M 25 Aug 09.00-11.00	9.3 Nursing care for patients who received Psychological Treatment 9.4 Milieu Therapy, Group Activity Therapy	2	- Cooperative learning - Summary main concepts	Aj. Ratree
	11.00-12.00	9.5 Counseling	1	- Cooperative	Asst.Prof.Dr. Vatcharin

Wk	Date Time	Topic	Hrs	Learning and Teaching Method	Instructor
				learning - Summary main concepts	
	13.00-16.00	Lab 1. Counseling	3	Training	Asst.Prof.Dr. Vatcharin Aj. Ratree
	T 26 Aug 09.00-12.00	Lab 2. Therapeutic use of self and therapeutic relationships	3	Training	Asst.Prof.Dr. Vatcharin
	13.00-16.00	Lab 1. Counseling (exam)	3	Training	Asst.Prof.Dr. Vatcharin Aj. Ratree
	W 27 Aug 09.00-12.00	Lab 3. Group activity therapy (Time 2)	3	Training	Aj. Ratree Asst.Prof.Dr. Vatcharin
	13.00-17.00	LAB 4: Mental status examination (MSE)	4	Training	Aj. Ratree
	H 28 Aug 09.00-10.00	Lab 3. Group activity therapy (exam)	1	- Discussion and Summarization	Aj.Ratree Asst.Prof.Dr.Vatcharin
	10.00-12.00	LAB 4: Mental status examination (MSE) (exam)	2	- Discussion and Summarization	Aj.Ratree Asst.Prof.Dr.Vatcharin
	13.00-17.00	LAB 5: Nursing process and analysis cases	4	- SP (Standardized Patient) – Case report	Asst.Prof.Dr. Vatcharin Aj. Ratree
	F 29 Aug 09.00-12.00	LAB 6: Community Psychiatry and Screening Tools	3	- Training - Role Play - Discussion and Summarization Training	Asst.Prof.Dr. Vatcharin Aj. Ratree
	13.00-16.00	LAB 7: ER & ECT	3	- Training - Role Play - Discussion	Aj.Ratree Asst.Prof.Dr.Vatcharin

Wk	Date Time	Topic	Hrs	Learning and Teaching Method	Instructor
				and Summarization	
	Appointment	Midterm exam topic 1-6.2 (20%)	2	-	Asst.Prof.Dr. Vatcharin Aj.Ratree
	Appointment	Final exam topic 6.3-9.5 (30%)	3		Asst.Prof.Dr. Vatcharin Aj.Ratree
		Total Theory Hours	30		
		Total Lab Hours	30		

2. Learning Outcome Evaluation Plan

Learning Outcome	Evaluation Method	Evaluation Week	Evaluation Proportion
1) Knowledge (CLO 1.2 aligned with PLO 1)	- Mid-term examination	2	20%
	- Final examination	5	30%
2) Skills (CLO 2.3 aligned with PLO2 and CLO 2.1 aligned with PLO5)	- Lab 1) Counseling - Lab 3) Group activity therapy - Lab 4) MSE - Group Report Evaluation Form (Rubric)	As planning	40%
3) Ethics and Morality (CLO 3.1 aligned with PLO 1,2,8 and CLO 3.3 aligned with PLO2,8)	- Class Attendance Evaluation Form (Rubric)	Whole course	5%
4) Characteristics (CLO 4.2 aligned with PLO2)	- Group Presentation Evaluation Form (Rubric)	Whole course	5%

☒ AUN-QA 3.4

☒ Life-long Learning

☒ Commitment to Critical Inquiry _ Group work report

☒ Information-processing Skills ระบุ มอบหมายงานให้ค้นคว้าเพิ่มเติม (Assignment) โดยใช้เทคโนโลยี ดิจิทัลในการสืบค้น วิเคราะห์กรณีศึกษา หรือบทความ/งานวิจัย ใช้หลักฐานเชิงประจักษ์ทั้งภาษาไทยและ ภาษาอังกฤษ เพื่อนำมาประยุกต์ใช้ในการพยาบาลสุขภาพจิตและจิตเวช (Case Based learning) และ Problem Based Learning (PBL) มีการเรียนรู้แบบมีส่วนร่วม (Participatory learning) และ แสดงความคิดเห็นในชั้นเรียน และการอภิปรายกลุ่ม (Group discussion and reflection) และการอภิปรายกลุ่ม (Group discussion and reflection)

☐ Willingness to Experiment with New Ideas and Practice ระบุ.....

☒ AUN-QA 3.5

☐ New Ideas ระบุ.....

☒ Creative Thought ระบุ...ออกแบบและดำเนินการจัดกลุ่มกิจกรรมบำบัดสำหรับผู้ป่วยจิตเวช สถานการณ์จำลอง.....

☐ Innovative Mindset ระบุ.....

☐ Entrepreneurial Mindset ระบุ.....

Grade level

Grade	Score (%)	Score	Description
A	80-100	8-10	Excellent
B+	75-79	7.5-7.9	Very Good
B	70-74	7.0-7.4	Good
C+	65-69	6.5-6.9	Fairly Good
C	60-64	6.0-6.4	Fair
D+	55-59	5.5-5.9	Poor
D	50-54	5.0-5.4	Minimum Passing
F	0-49	0-4.9	Failure

Re-examination (การสอบแก้ตัว)

Students who have score (%) less than 60% form 100%, he/she will be received opportunity to re-examination. Reexamination by multiple choices, the score results maximum no more than C level.

Student Appeal (การอุทธรณ์ของนักศึกษา)

Student can ask the course coordinator for review his/her test results and grade. He/she also can ask for reconsider the score result or the grade if needed within 1 week after known the results.

If there is a student ask for review like above paragraph, student have to complete a student appeal form and send the completed form to the head of mental health and psychiatric nursing group via the course coordinator. The course coordinator have to present the student appeal in the course instructors meeting and report the progression to the head of mental health and psychiatric nursing group. The course coordinator also inform the reconsideration results to the student within 1 month.

3. Course Learning Outcome (CLOs) and Learning outcome

(สำหรับหลักสูตรที่ใช้ตามเกณฑ์มาตรฐานหลักสูตร พ.ศ. 2565 เท่านั้น)

CLOs	1.Knowledge		2.Skills		3.Ethics		4.Characteristic	
	1.1	1.2	2.1	2.3	3.1	3.3	4.1	4.2
CLO 1		✓						
CLO 2			✓	✓				
CLO 3					✓	✓		
CLO 4								✓

Section 5 Learning and Teaching Resource

1. Main text and learning document

Healy, D. (2023). *Psychiatric drugs explained*. (7th ed.). Amsterdam: Elsevier.

Jones, J. S. (2023). *Psychiatric mental health nursing: An interpersonal approach*. (3rd ed.). New York, NY: Springer Pub.

Keltner, Norman, L., Steele, D. (2015). *Psychiatric nursing*. (7th ed.). St. Louis, Missouri: Elsevier/Mosby.

Steele, D. (2023). Keltner's psychiatric nursing. In *Psychiatric nursing* (9th ed.). St. Louis, Missouri: St. Louis, Missouri: Elsevier.

Instructor Document for BNE351 Mental Health and Psychiatric Nursing (Details will be inform in class)

2. Documentation and Essential Information

- Mental health nursing standard developed by Department of Mental Health and Nursing Department, Ministry of Public Health.

- Department of Mental Health, Ministry of Public Health, Thailand Websites:

<https://www.dmh.go.th/main.asp>

- คลังความรู้สุขภาพจิต กรมสุขภาพจิต <https://dmh-elibrary.org/>

3. Documentation and Suggested Information

ยาใจ สิทธิมงคล, พวงเพชร เกษรสมุทร, นพพร ว่องศิริมาศ, และ อธิยา พรชัยเกตุ โอว ของ (บรรณาธิการ).

(2561). *การพยาบาลจิตเวชศาสตร์ (ฉบับปรับปรุงครั้งที่ 1)* (พิมพ์ครั้งที่ 3). กรุงเทพฯ: สแกนอาร์ต จำกัด.

วไลลักษณ์ พุ่มพวง. (2565). การปฏิบัติการพยาบาลจิตเวช. กรุงเทพฯ : ภาควิชาสุขภาพจิตและการพยาบาลจิตเวชศาสตร์ คณะพยาบาลศาสตร์ มหาวิทยาลัยมหิดล.

Section 6 Evaluation and Improvement Plan

1. Effective Evaluation Strategy by Students

- Student's reflect learning-teaching activities, strong and weak points of the course in classroom tutorial and during practice in the laboratory.
- Unit evaluation and course evaluation by students at the end of course.

2. Teaching Evaluation Strategy

- Evaluation on learning-teaching activity by team-teaching, colleagues, and administrators.
- Observation on student's participation, discussion, role-playing, demonstration and return demonstration.
- Outcome from midterm and final examination and written report.

3. Teaching Improvement

- Improve in learning-teaching activities based on student's reflection and evaluation of course.
- Teaching-team, head of the nursing group, curriculum committee arrange a conference to improve the course.

4. Re-evaluation of student's learning outcome

- Team-teaching review the minimum, average, and maximum scores of the examination and written report. The student's scores and grading will be verified by team-teaching, head of the nursing group, and the committee members.

5. Review and Revise the course

- Use the evidence from course evaluation and unit evaluation to improve the learning-teaching activities of the course annually.

Appendix

Assessment tools

- Group Presentation Evaluation Form (Rubric)
- Group Report Evaluation Form (Rubric)
- Class Attendance Evaluation form (Rubric)
- Counseling Skill Evaluation Checklist (Rubric)
- Therapeutic Relationship Skill Evaluation Checklist (Rubric)
- Leadership in Group Therapeutic Activity Evaluation (Rubric)
- Nursing Documentation Evaluation Form (Rubric)