

Course specification

Faculty S	chool of Nursing Department Fundamental Nursing				
Curriculum B	achelor of Nursing Science Program, New Progran	n in Year 2022			
	Section 1 General Information				
BNE 106	วิทยาศาสตร์สุขภาพสำหรับพยาบาล 2	2 (2-0)-4)		
	(Health Science for Nursing II)				
Co-requisite co	urse -				
Prerequisite co	urse -				
Semester	1/2025				
Section	01				
Course type	O General education course				
	arnothing Professional foundation course				
	O Professional course				
	O Free elective course				
Course coordin	ators 1) Asst.Prof.Dr.Suphangphim Rattasumpun	☑ Former in	structor		
	2) Aj.Dr.Nuttapol Yuwanich	☑ Former in	structor		
Course instruct	ors 1) Asst.Prof.Dr.Suphangphim Rattasumpun	☑ Former	\square Invited		
	2) Aj.Dr.Nuttapol Yuwanich	☑ Former	\square Invited		
Study place	Room 3-509, School of Nursing	☑ In-site	\square Out-site		
Latest update 5 August 2025					

Section 2 Course Objectives and Components

1. Course objectives:

1) Explain the functional response in the normal stage to maintain homeostasis and responses of cells, tissues, the immune system, fluid, electrolytes, and acid-base balance, the cardiovascular system, the respiratory system, and the urinary system.

2) Identify the cause/predisposing factors, pathophysiology, the signs and symptoms, clinical manifestations, complications, and the treatments of the alterations in cells, the immune system, fluid, electrolytes, and acid-base balance, the cardiovascular system, the respiratory system, and the urinary system.

2. Course description

Function responses in normal stage to maintain homeostasis and pathological mechanism and responses of cells, tissues, immune system, fluid, electrolystes, and acid-base balance, cardiovascular system, respiratory system, and urinary system.

3. Contact hours per week for advising and guidance to students

- Course instructors will advise the students, individuals, or groups, at least 2 hours/week.
- The advisor (s) of the course will be assigned and clearly announced during the course orientation. Students may sign up to meet with his/her advisor privately for an hour per week as needed.

Instructors	Room	Email	Schedule
Aj. Dr.Nuttapol Yuwanich	Building 4	Nuttapol.y@rsu.ac.th	M: 9.00-16.00
	Room 408		
Asst.Prof.Dr.Suphangphim	Building 4	suphangphim.r@rsu.ac.th	M: 9.00-16.00
Rattasumpun	Room 407		

4. Course Learning Outcomes (CLOs)

After studying this course, the students should be able to:

4.1 Knowledge

1) Understanding the following key concepts: Functional responses in the normal stage to maintain homeostasis and pathological mechanisms and responses of cells, tissues, the immune system, fluid, electrolyte, and acid-base balance, the cardiovascular system, the respiratory system, and the urinary system (CLO 1.1 aligned with PLO1)

4.2 Skills

- 2) Using IT tools to search data for analyzing the selected case and problem-solving (CLO 2.1 aligned with PLO5)
- 3) Engaging in effective communication skills in presenting and/or discussing the health problems (CLO 2.1 aligned with PLO5)

4.3 Ethics

4) Expressing honesty, discipline, respect for rules, and accountable behaviors (CLO 3.1 aligned with PLO8)

4.4 Personal Attributes

5) Demonstrate leadership, work as a team, and respect and honor others. (CLOs4.1 aligned with PLO6)

Section 3 Student's Learning Outcome Development

Revised the teaching process from last year by adding more case study analysis and reducing the number of students in group work.

1. Knowledge

PLO	Learning outcome	Teaching methods	Evaluation	Evaluation tools
	(CLOs)		methods	
1	Understanding the	- In each topic, the	- Observe and	- Classroom Case
	following key	lecturers provide study	record student	Study Analysis
	concepts: Functional	guidelines composed of	behaviors in the	Presentation
	responses in the	learning resources and	class tutorial and	Assessment
	normal stage to	students' assignments,	conduct	- Examination
	maintain	and selected case	assessments on	criteria
	homeostasis and	scenarios at least 3	students'	
	pathological	days before the class	assignments.	
	mechanisms and	tutorial.	- Discussion and	
	responses of cells,	- An overview of the	participation in	
	tissues, the immune	key concepts and	class tutorial	
	system, fluid,	applications in each	(10%)	
	electrolyte, and	topic will be conducted	- Case	
	acid-base balance,	at the beginning.	presentation and	
	the cardiovascular	- Group discussion,	written report	
	system, the	presentation, and	(10%)	
	respiratory system,	knowledge sharing on	- Quiz (10%)	
	and the urinary	the student's	- Examination I	
	system (CLO 1.1	assignment will be	(28%)	
	aligned with PLO1)	established.	- Examination II	
		- The instructor replies	(37%)	
		and discusses the		
		exercises in the		
		student's assignment.		
		- The instructor		
		summarizes the key		

concepts in the
pathophysiology of
each case scenario and
discusses the lessons
learned in class.

2. Skills

PLO	Learning	Teaching methods	Evaluation	Evaluation tools
	outcome (CLOs)		methods	
5	1) Using IT tools	- Self-study and	- Discussion and	-Case study analysis
	to search data for	complete their	knowledge	report evaluation
	analyzing the	assignment by reading,	sharing in class	form
	selected case and	writing, and searching for	tutorial.	
	problem-solving	knowledge from various	- Case	
	(CLO 2.1 aligned	resources before	presentation	
	with PLO5)	attending the class	and written	
	2) Engaging in	tutorial.	report (10%)	
	effective	- Discussion and		
	communication	knowledge sharing in		
	skills in presenting	class tutorial.		
	and/or discussing	- Group work on case		
	the health	scenario assignment		
	problems (CLO 2.1			
	aligned with PLO5)			

3. Ethics

PLO	Learning	Teaching methods	Evaluation	Evaluation tools
	outcome (CLOs)		methods	
8	1) Expressing	- Group tutorial is done in 2	- Class	-Classroom
	honesty,	case scenarios, focusing on the	attendance	Behavior
	discipline,	pathophysiology as follows:	and	Observation Form
	respect for rules,	Case scenario 1: focuses on the	punctuality	

and accountable	pathophysiology of the renal	- The case
behaviors (CLO	and urinary system and	report is
3.1 aligned with	alterations in the renal and	submitted
PLO8)	urinary system	on time
	Case scenario 2: focuses on	- Reflect
	pathophysiology of	honesty,
	cardiovascular & respiratory	discipline,
	system	respect for
	- Student's assignment	rules, and
	- Students work in groups (5	accountable
	students per group) and select	behaviors of
	1 case scenario/group.	others and
	- Each group analyzes the	themselves,
	selected case scenario.	and show a
	- Students in each group	positive
	present their work and discuss	attitude
	it with the lecturer and other	toward the
	students in class.	nursing
	- The instructor summarizes the	profession
	key concepts.	during
	- Each group submits the	classroom
	written report within 3 days	
	after the presentation.	tutorials and
	- Admire good students as role	conducting
	models in honesty, discipline,	assignments.
	respect for rules, and	(5%)
	accountable behaviors	

4. Personal Attributes

PLO	Learning	Teaching methods	Evaluation	Evaluation
	outcome		methods	tools
	(CLOs)			
6	1) Demonstrate	- Assigned students to work as	- Self-reflection	-Teamwork

leadership,	a team on the assignment.	Observe and	and
work as a team,	- Encourage students to be	record skill and	leadership
and respect	team leaders and team	responsibility in	behavior
and honor	members when working in a	their role (5%)	assessment by
others. (CLOs4.1	group		peers/teachers
aligned with			Form
PLO6)			

Section 4: Lesson Plan and Evaluation

1. Lesson plans: Room 3-509

Date	Time	Topic	Learning and teaching activities/ learning resources	Instructor
W 20	13.00-13.30		- Briefly explain the information about the course and	
August		Course orientation	learning resources.	Asst.Prof.Dr.Suphangphim
2025		Course offentation	- Establish a class agreement about the course learning	Rattasumpun
			and teaching.	
W 20	14.00-16.00	Unit 1 Cell physiology and	Learning and teaching activity	Asst.Prof.Dr.Suphangphim
August		pathology (2hr.)	-Briefly explain the key concept	Rattasumpun
2025		1.1 Cell Physiology and	-Analysis of case study and discussion	
		Homeostasis	Learning resources	
		1.2 Cell injury and death	-PowerPoint	
		1.3 Alterations in cell growth and	-VDO	
		Replication	-Kahoot/Socrative	
			-Case study/Assignment	
			-Google Classroom	

Date	Time	Topic	Learning and teaching activities/ learning resources	Instructor
*F 22		Unit 2 Body defenses and	Learning and teaching activity	Asst.Prof.Dr.Suphangphim
August	13.00-15.00	alterations in body defense (4	- Briefly explain key concept	Rattasumpun
2025		hr.)	-Analysis case study and discussion	
		2.1 Stress and adaptation	Learning resources	
W 27	13.00-15.00	2.2 Infection, inflammation,	-Power point	
August		tissue repair	-VDO	
2025		and healing	- Kahoot/Socrative	
		2.3 Alterations in immune	-Case study/Assignment	
		responses	-Google Classroom	
		2.3.1 Immune deficiency		
		diseases		
		2.3.2 Autoimmune diseases		
W 10	13.00-15.00	Unit 3 Cardiovascular system	Learning and teaching activity	Aj. Dr. Nuttapol Yuwanich
September		and alterations in	-Briefly explain the key concept	
2025		cardiovascular system (7 hr.)	-Analysis of case study and discussion	
W 17	13.00-15.00	3.1 Cardiovascular physiology	Learning resources	
September		3.2 Alteration in cardiovascular	-PowerPoint	
2025		system	-VDO	
W 24	13.00-16.00	3.2.1 Disorders of blood	-Google form	
September		vessels	-Case study/Assignment	
2025		3.2.2 Alterations in blood	-Google Classroom	
		pressure: hypertension		
		3.2.3 Myocardial infarction		

Date	Time	Topic	Learning and teaching activities/ learning resources	Instructor
		3.2.4 Thromboembolism		
		3.2.5 congenital heart		
		disease		
		3.2.6 Heart failure		
		3.2.7 Edema		
		3.2.8 Shock		
W 1	13.00-15.00	Unit 4 Respiratory system and	Learning and teaching activity	Aj. Dr. Nuttapol Yuwanich
October		alterations in the respiratory	-Briefly explain the key concept	
2025		system (6 hr.)	-Analysis of case study and discussion	
		บทที่ 6 Respiratory system	Learning resources	
		4.1 Respiratory physiology	-PowerPoint	
			-VDO	
			-Google form	
			-Case study/Assignment	
			-Google Classroom	
M 6			Room 3-515	Asst.Prof. Dr.Suphangphim
October	7.30-9.00	Exam I (Unit 1-3)		Rattasumpun
2025				Aj. Dr. Nuttapol Yuwanich
W 15	13.00-15.00	Unit 4 (Cont.)		Aj. Dr. Nuttapol Yuwanich
October		4.2 Alteration in respiratory		
2025		system		
W 22	13.00-15.00	4.2.1 Disorders of ventilation		
October		and gas exchange		

Date	Time	Topic	Learning and teaching activities/ learning resources	Instructor
2025		4.2.2 Neoplasm of the lung		
		4.2.3 Infection		
		4.2.4 Respiratory failure		
F 24	13.00-15.30	Unit 5 Body fluid, electrolyte,	Learning and teaching activity	Aj. Dr. Nuttapol Yuwanich
October		and acid-base and alterations	-Briefly explain the key concept	
2025		in body fluid, electrolyte, and	-Analysis of case study and discussion	
F 31	13.00-15.30	acid-base (5 hr.)	Learning resources	
October		5.1 Body fluid, electrolyte, and	-PowerPoint	
2025		acid-base	-VDO	
		5.1.1 Fluid and electrolyte	-Google form	
		imbalance	-Case study/Assignment	
		5.1.2 Acid-base imbalance	-Google Classroom	
M 3	13.00-15.00	Unit 6 Renal and urinary	Learning and teaching activity	Asst.Prof. Dr.Suphangphim
November		system and alterations in renal	-Briefly explain the key concept	Rattasumpun
2025		and urinary system (6 hr.)	-Analysis of case study and discussion	
		6.1 Renal and urinary physiology	Learning resources	
W 12		6.2 Alterations in the renal and	-PowerPoint	
November	13.00-15.00	urinary system	-VDO	
2025		6.2.1 Alterations in renal	-Google form	
W 19		function	-Case study/Assignment	
November	13.00-15.00	1) Infections	-Google Classroom	
2025		(Glomerulonephritis &		
		Pyelonephritis)		

Date	Time	Topic	Learning and teaching activities/ learning resources	Instructor
		2) Obstruction (Calculi,		
		Cancer)		
		3) Disorders of		
		glomerular function		
		6.2.2 Renal failure		
		6.2.3 Alterations in urinary		
		elimination		
M 9				Asst.Prof.Dr.Suphangphim
December	9.00-10.30	Exam II (Unit 4-6)		Rattasumpun
2025				Aj.Dr. Nuttapol Yuwanich

2. Learning Outcome Evaluation Plan

Learning outcome	Evaluation method	week	Evaluation
Learning outcome	Evaluation method	Week	proportion
1. Knowledge	Examination		
(CLO 1.1 aligned with PLO1)	2.1 Examination I	Week 8	28%
	2.2 Examination 2	Week 15	37%
2. Skills	2.3 Quiz	Throughout the	10%
(CLO 2.1 aligned with PLO5)	2.4 Student's assignment	semester	5%
	2.4.1 Exercises (unit 1-6)		10%
	2.4.2 Group discussion on the case		
	scenarios/case study		
	-Writing a case analysis		
	- Case presentation and written report.		
3. Ethics	Attended the class and submitted the	Throughout the	5%
(CLO 3.1 aligned with PLO8)	assignment regularly and on time.	semester	
	(Class attendance evaluation form)		
4. Personal Attributes	-Discussion and participation in class	Throughout the	5%
(CLO 4.1 aligned with PLO6)	tutorial (Teamwork and leadership	semester	
	evaluation form)		

☑ AUN-QA 3.4

☑ Life-longing Learning

☑ Commitment to critical inquiry: Group work report

☑ Information-processing skills: Assigned to further searching by using digital technology to analyze the case study or using the evidence-based, research articles/review articles in both Thai and English, including using the Problem-Based Learning and participatory learning in group discussion and reflection.

Grade level

Grade	Score (%)	Score	Score	Description
А	80-100	8-10	4.0-5.0	Excellent
B+	75-79	7.5-7.9	3.75-3.95	Very good
В	70-74	7.0-7.4	3.50-3.70	Good
C+	65-69	6.5-6.9	3.25-3.45	Fairly good
С	60-64	6.0-6.4	3.00-3.20	Fair
D+	55-59	5.5-5.9	2.75-2.95	Poor
D	50-54	5.0-5.4	2.50-2.70	Minimum Passing
F	0-49	0-4.9	0-2.45	Failure

Re-examination

Students who have a score (%) less than 60% of 100%, he/she will receive an opportunity to re-examination. The grade results are not more than a C level.

Student appeal

Students request the course coordinator to review his/her examination results and grade level. He/she can request reconsideration of the score result or the grade if needed within 1 week after knowing the results.

If there is a student request for reviewing, like above. The student has to complete a student appeal form and submit the completed form to the head of the fundamental nursing group via the course coordinator. Then, the course coordinator will send it to the course instructors. After the instructor meeting, the course coordinator and the head of the fundamental nursing inform the reconsideration results to the student within 1 month.

3. Course Learning Outcome (CLOs) and Learning Outcomes

CLOs	1. Knowledge	2. Skills	3. Ethics	4. Personal Attributes
CLOS	1.1	2.1	3.1	4.1
CLO 1	V			
CLO 2		√		
CLO 3		√		
CLO 4			$\sqrt{}$	
CLO 5				V

Section 5 Learning and Teaching Resource

1. Main text

McCance, K.L, Huether, S.E, Brashers, V.L, and Rote, N.S. (2022). Pathophysiology. 9th ed. St. Louis: Elsevier.

Rebar, C.R., Heimgartner, N.M., and Gersch, C.J. (2019). Pathophysiology made incredibly easy! 6th ed. Philadelphia: Wolters Kluwer.

Hall, J.E., and Hall, M.E. (2020). Guyton and Hall Textbook of Medical Physiology. 14thed. Philadelphia: Saunders/Elsevier.

2. Suggestion textbooks and websites

พัสมณฑ์ คุ้มทวีพร และคณะ. (2558). พยาธิสรีรวิทยาทางการพยาบาล. กรุงเทพฯ : โรงพิมพ์ ทีเอสบี โปร ดักส์.

อรพินท์ สีขาว. (2559). พยาธิสรีรวิทยา. สมุทรปราการ: โครงการสำนักพิมพ์มหาวิทยาลัยหัวเฉลิมพระเกียรติ. Hammer, Gary D.; McPhee, Stephen J. (2014). Pathophysiology of disease: An introduction to clinical medicine. New York: McGraw-Hill.

Norrid, T.L. (2019). Porth's pathophysiology: Concepts of altered health states. 10th ed. Philadelphia: Wolters Kluwer

3. Documentation and Suggested information

- https://medlineplus.gov/anatomy.html
- https://www.khanacademy.org/science/health-and-medicine/human-anatomy
- https://opentextbc.ca/anatomyandphysiology/chapter/1-1-overview-of-anatomy

Section 6 Evaluation and Improvement Plan

1. Effective evaluation strategies by students

- 1.1 Student's reflection on learning-teaching activities, strengths, and weaknesses of the course in the classroom tutorial.
- 1.2 Unit evaluation and course evaluation by students at the end of the course.

2. Teaching evaluation strategies

- 2.1 Evaluation of learning-teaching activity by team-teaching, colleagues, and administrators.
- 2.2 Observation of student participation, discussion, and ability to present a case report
- 2.3 Two-way feedback between students and teachers during class.

2.4 Mid-term and final examination grading.

3. Teaching Improvement

- 3.1 Improve learning-teaching activities based on students' reflection and evaluation of the course.
- 3.2 Course coordinator, course instructors, and the curriculum administrative committee consider the association of teaching-learning activities, learning outcomes, grading, and evaluation from students.
- 3.3 Provide advanced technology, Facebook group, LINE group, Cyber university, VDO, websites, etc., to enhance knowledge and skill related to the course.

4. Verification of the student's achievement

The course coordinator and course instructors consider the scores from learning outcomes and grading before verification by the curriculum administrative committee and the Nursing Accreditation Committee, respectively.

5. Re-evaluation and plan for the effectiveness of the course improvement Information from RQF 5, course evaluation, unit evaluation, and reflection from the students and course instructors will be considered to improve the learning-teaching activities of the course in the next semester.

Appendix

Evaluation tools

- Presentation evaluation form (Rubric)
- Group report evaluation form (Rubric)
- Teamwork and leadership evaluation form (Rubric)
- Class attendance evaluation form (Rubric)