



## Course Specification

**Institution's name** Rangsit University  
**Faculty** School of Nursing

**Curriculum** Nursing

### Section 1 General Information

**Course Number and Course Title** BNE 323 Nursing care of Elderly  
**Number of Credit** 3 credits (2-2-5)  
**Pre-requisite** None  
**Co-requisite** None  
**Semester** ☐ First ☒ Second ☐ Summer  
**Year** ☒ First year ☐ Second year ☐ Third year ☐ Fourth year

**Type of Subject** Professional  
**Course Coordinator** Asst. Prof.Orathai Reantippayasakul Dr. Nuttapol Yuwanich  
**Course Instructor** Asst. Prof. Orathai Reantippayasakul , Assoc.Prof.Dr. Manaporn Chatchumni Dr. Nuttapol Yuwanich

**Study Place** Room 4/2-400-1 School of Nursing, Rangsit University  
**Date of updated course description** January 4, 2025

### Section 2 Purpose and Objectives

#### 1. Objective of the course

The students are able to understand the concepts of elderly health nursing including aging theory, aging society, right, laws and social welfare related elderly person. In addition the student describing pathology, developing nursing problems, and selecting appropriate nursing cares of elderly with common disorders by using nursing process approach covering health promotion, illness prevention, care, and rehabilitation.

#### 2. Course Description

Concepts of nursing care for elderly , including preparation to be an elder, being an elder , delaying of deterioration and rehabilitation, management of geriatric syndrome, chronic diseases in elderly , management for various levels of dependency, aging society, policies, strategies and plans for elderly, related laws, social welfare, benefits and resources for elderly, health literacy, and health communication in aging people, rational drug and health products use, nutrition promotion and therapy, long-term care, with/regarding to safety, law and professional code of ethics.

### 3. Contact hours for students/ week

- 1) The space time table of course coordinators and course instructors are declared for students to make an appointment.
- 2) Individual or group consultation 1 hour/week is depended on student requirements.

Course coordinator and instructors	Room	Contact information	Schedule
Asst.Prof. Orathai Reantippayasakul	4-408	<a href="mailto:orathai.r@rsu.ac.th">orathai.r@rsu.ac.th</a>	Monday 10.00-12.00 a.m.
Dr. Nuttapol Yuwanich	4-408	<a href="mailto:Nuttapol.y@rsu.ac.th">Nuttapol.y@rsu.ac.th</a>	Monday 10.00-12.00 a.m.
Assoc. Professor Dr. Manaporn Chatchumni	4/2-411	<a href="mailto:manaporn@rsu.ac.th">manaporn@rsu.ac.th</a>	Monday 10.00-12.00 a.m.

### 4. Course Learning Outcomes (CLOs)

4.1 To respect and understand in human value, dignity and professional ethics in the selected client especially about elderly. (Sub PLO 1.3)

4.2 To understand the following core concepts:

- Theories of Aging
- Developmental tasks for elderly person, the needs of older adults
- Nursing cares of elderly and restorative care.
- End of life care/ Palliative care.

And nursing practice in classroom and lab practice. (Sub PLO 2.2,2.3)

4.3 To search and use of evidences data from various resources. (Sub PLO 3.2)

4.4 Be able to work as a team leader or team members in the classroom. (Sub PLO 4.2)

4.5 Be able to convert the quality informations. And able to read, analyze and convey to others in a understandable way. ( Sub PLO 5.2)

## Section 3 Student's Learning Outcomes Development

### 1. Moral and Ethical Development

•	Learning Outcome	Learning Process	Evaluation
1.3	Respect and understand in human value, dignity and professional ethics in the selected client especially about elderly.	<ul style="list-style-type: none"> <li>● Group tutorial is done in 5 scenarios in order to examine the topic of client right and professional ethics.</li> <li>● Reflect students' behaviors and admire good students as a role model in self discipline and responsibility.</li> </ul> <p>Individual conference is done in case of inappropriate behavior of the students and admire good student as a role model in responsibility and honesty.</p>	<ol style="list-style-type: none"> <li>1. Represent understanding during participation in a group.</li> <li>2. Self reflection within a group and/ or with a course instructor</li> <li>3. Class attendance</li> </ol>

## 2. Knowledge

2.2	Be understand the following core concepts: <ul style="list-style-type: none"> <li>○ Theories of Aging</li> <li>○ Developmental tasks for elderly person, the needs of older adults</li> <li>○ Nursing cares of elderly and restorative care.</li> <li>○ End of life care/ Palliative care.</li> </ul>	<ul style="list-style-type: none"> <li>● In each topic, provide information resources, guideline of learning, and exercises for students to prepare themselves before a group tutorial starts.</li> <li>● At the beginning of each topic, perform a group tutorial focusing on main concepts by using nursing process approach.</li> <li>● Offer space time for students to brainstorm and search the answer of students' exercise.</li> <li>● Instructors and all students participate in a group discussion in order to discover appropriate answers for the exercise.</li> <li>● After finishing a group tutorial, self- evaluation is done by each student focusing on participation within a group. Furthermore, entire student's exercise needs to complete before the next session.</li> </ul>	<ul style="list-style-type: none"> <li>● Examination result: Examination I,II,III (50%)</li> <li>● Participation in the class</li> </ul>
2.3	Be understand about the core concept of nursing process and appropriately apply nursing care for a client in a scenario.		

## 3. Cognitive skills

3.2	Be able to search and use of evidences data from various resources.	<ul style="list-style-type: none"> <li>● Use an advanced technology to search information from web site about Gerontological Nursing .</li> <li>● Retrieve nursing information and/ or video from text reading, CD, or internet, which are accordable to learning resources in each topic so as to resolve problems in case studies.</li> <li>● Brain storm and discuss on exemplar situation in student's exercises and summarize suitable answers.</li> </ul>	<ul style="list-style-type: none"> <li>● Record of self analysis on each topic (regarding weakness and strength and self-development plan)</li> <li>● Student opinion during brain storm and discussion as evidence on the result of participation evaluation as pass/not pass .</li> </ul>
3.3	Be able to solve the problems of selected clients based on knowledge of elderly health nursing that is obtained from text reading and/or other nursing resources.		

#### 4. Interpersonal Skills and responsibility

	<b>Learning Outcome</b>	<b>Learning Process</b>	<b>Evaluation</b>
4.2	Be able to work as a team leader or team members in the classroom	<ul style="list-style-type: none"> <li>• Divide the students into 4 groups and give case assignment to them.</li> <li>• Encourage the student to participate in group discussion.</li> <li>• Lab practice</li> </ul>	<ul style="list-style-type: none"> <li>• Self evaluation</li> <li>• Group evaluation</li> <li>• Group presentation</li> <li>• Lab 30%</li> </ul>

#### 5. Analytical and numerical skills and using information and technology

5.2	Be able to convert the quality informations. And able to read, analyze and convey to others in a understandable way.	<ul style="list-style-type: none"> <li>• Lecture the main concepts and discuss the exercises in a classroom.</li> <li>• Assign individual case study to the student and set home exercise then present in the class.</li> <li>• Report and presentation</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation 20%</li> </ul>
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## Section 4 Lesson Plan and Evaluation

### 1. Lesson plan

Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
<b>Wk.1</b>  Mon Jan 6 2025	8.30-9.00 a.m.	- Orientation the course	30 min		- Upload course details (schedule, assignment , evaluation) - Provide course orientation	-Classroom attention checklist	Asst.Prof. Orathai
	9.00-12.00 a.m.	<b>Unit 1 Aging society</b> - Situation of Aging society - Social and economic impacts on aging society - Society's attitude towards the elderly - Ageless Society - Preparation & guideline for solving the problem of aging society	3	2.3,3.3,5.2	- Lecture and discussion related to aging society - Discuss about the situation of aging society , the attitude from student . - Complete assignments and discussing the answers with the instructors and classmates.	-Examination I -Class participation and attendance	Assoc.Prof.Dr. Manaporn

Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
					<ul style="list-style-type: none"> <li>- Power point</li> <li>- Ask students</li> <li>- Summarizes the key concepts</li> </ul>		Asst.Prof.Dr. Manaporn
Mon Jan 6 2025	1.00-4.00 p.m.	<b>Unit 2 Policies and Laws related to the elderly</b> <ul style="list-style-type: none"> <li>- Policies , plan and strategies about the elderly</li> <li>- Laws , social welfare, benefits and resource of benefits for the elderly</li> </ul>	3	1.3,2.3,4.2	<ul style="list-style-type: none"> <li>- Lecture</li> <li>- Power point</li> <li>- Devided the student into 3-4 group and assign to study case study and present the resultin the class.</li> <li>- The instructor summarizes the key concepts and suitable answers for selected situations and student's exercises.</li> </ul>	-Examination I -Class participation and attendance	Assoc.Prof.Dr. Manaporn

Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
Tue Jan7 2025	9.00-11.00 a.m.	<b>Unit 3. Health status assessment/ Geriatric screening</b> - Functional Ability -Barthel ADL Index - Chula ADL Index (Independence in Activities of Daily Living	2	2.3,3.2,3.3,4.2,5.2	- Lecture - Power point - Set 1-2 case study for student to practice and use this tools and instructor conclude about the result in finally. - Post – test - The instructor summarizes the key concepts and reply the student’s question after finish class.	-Class participation and attendance -Answer questions in a student’s exercise based on individual understanding as much as possible. - Group presentation from case study analysis. -Examination II	Dr. Nuttapol
	11.00 a.m.-4.00 p.m.	<b>Unit 4 Health literacy &amp; communication in aging society</b> - Health literacy in aging - Communication in aging society	4	2.3,2.3,3.2,3.3,4.2,5.2	- Lecture - Power point - Set 1-2 case study for student to practice and use this tools	-Class participation and attendance -Answer questions in a student’s	Assoc.Prof.Dr. Manaporn

Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
					and instructor conclude about the result in finally. - Post – test - The instructor summarizes the key concepts and reply the student's question after finish class.	exercise based on individual understanding as much as possible. -Examination II	
Wed Jan 8 2025	9.00-12.00 a.m.	<b>Unit 5 Preparation to be aging</b> - Aging Theory - Aging Process / Common Aging Changes - Being an elderly person	3	1.3,2.2,2.3,3.2,3.3,4.2,5.2	- Lecture - Power point - Devided the student into 3-4 group and assign to study case study and present the resultin the class. - The instructor summarizes the key	-Class participation and attendance -Answer questions in a student's exercise based on individual understanding as much as possible. -Final	Assoc.Prof.Dr. Manaporn





Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
					situations and student's exercises.		
Thu Jan 9 2025	9.00-4.00 p.m.	<b>Unit 6 Management of geriatric syndrome and chronic disease in aging.</b> ( Continue)	3	1.3,2.2,2.3,3.3,4.2,5.2	- Lecture - Power point - Devided the student into 3-4 group and assign to study case study and present the resultin the class. - The instructor summarizes the key concepts and suitable answers for selected situations and student's exercises.	Class participation and attendance -Answer questions in a student's exercise based on individual understanding as much as possible. -Examination II	Dr. Nuttapol

Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
	1.00-4.00 p.m.	<b>Unit 7 Medication and health products use in elderly.</b>	3	1.3,2.2,2.3,3.3,4.2,5.2	<ul style="list-style-type: none"> <li>- Lecture</li> <li>- Power point</li> <li>- Brain storm to find out the answers of a student's exercise.</li> <li>- Answer questions in a student's exercise based on individual understanding as much as possible.</li> <li>- Post test</li> <li>- The instructor summarizes the key concepts and suitable answers for selected situations and student's exercises.</li> </ul>	<ul style="list-style-type: none"> <li>-Class participation and attendance</li> <li>-Answer questions in a student's exercise based on individual understanding as much as possible.</li> <li>-Examination II</li> </ul>	Asst.Prof. Orathai

Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
Fri Jan 10 2025	8.00-12.00 a.m.	<b>Unit 8 Palliative care</b>  <b>Unit 9. End of life care</b>	4	1.3,2.2,2.3,3.2,3.3,4.2,5.2	- Lecture - Power point - Assign case study to discuss in the class - Post – test - The instructor summarizes the key concepts and reply the student's question after finish class.	-Class participation and attendance -Answer questions in a student's exercise based on individual understanding as much as possible. -Examination III	Asst.Prof. Orathai
	1.00-3.00 p.m.	<b>Unit 10. Safety, Laws &amp; professional code of ethic for elderly.</b>  - Dealing with special problems of the elderly: neglect/Aging abuse	2	2.3,3.3,5.2	- Lecture - Power point - Analyze case study	-Class participation and attendance -Answer questions in a student's exercise based on individual understanding as much as	Dr. Nuttapol

Week /date	Time	Topic	Hour	Learning Outcome	Learning and Teaching Process/media	Evaluation	Instructor
						possible. -Final examination	
<b>Wk.2</b> Mon Jan 13 2025	9.00-4.00 p.m.	Brief & Assess case assignment	6		- Provide and share the tool that use for screening the elderly health status - Student practice with case assignment	-Class participation and attendance	Assoc.Prof.Dr. Manaporn Asst.Prof.Orathai Dr. Nuttapol
Tue Jan 14 2025	9.00-4.00 p.m.	Group work under supervision				-Class participation and attendance	Assoc.Prof.Dr. Manaporn Asst.Prof.Orathai Dr. Nuttapol
Wed Jan 15 2025	9.00-12.00 a.m.	Study visit at Senior Living Quality Delvelopment Center. Nonthaburi province ( Group I) Study visit at Center for the Development of Social Welfare for the elderly Pathumthani province ( Group II) Study visit at Center for the Elderly Social Service Center Dindang ( Group III)					Instructors



## 2. Evaluation plan

Learning outcome	Evaluation method	week	Evaluation proportion
1.Moral and ethical development	Attending the class and submitted the assignment regularly and on time.	Throughout the semester	Pass / not pass
2.Knowledge	<b>Examination</b> <ul style="list-style-type: none"> <li>○ Examination 1</li> <li>○ Examination 2</li> <li>○ Examination 3</li> </ul> <b>Student's assignment</b> <ul style="list-style-type: none"> <li>○ Quiz</li> </ul> <b>Lab (Practice &amp; Examination)</b> <ul style="list-style-type: none"> <li>○ Case scenario</li> <li>○ Practice by using tool for older adults</li> <li>○ Study visit &amp; presentation</li> <li>○ Discussion and participation in class</li> </ul>	Appointment	50%
3. Cognitive skills 4.Interpersonal skills and responsibility		Throughout the semester	
		Appointment	30%
			20%
5. Analytical and numerical skills and using information and technology			

## Section 5 Learning and Teaching Resource

### 1. Main text

- Miller,C.A. (2015). *Nursing for wellness in older adults*. 7<sup>th</sup> ed. Philadelphia: Wolters Kluwer.
- นิราศศิริ โจนธรรมม .(2563). *การพยาบาลผู้สูงอายุ : ด้านการดูแลสุขภาพกายและสุขภาพจิต*. กรุงเทพฯ: ไทยควอลิตี้บุ๊คส์
- วารินทร์ บินโฮเซ็น. (2560).*การพยาบาลผู้สูงอายุ*. เอกสารประกอบการสอนการพยาบาลผู้สูงอายุ. พิมพ์ ครั้งที่ 2 . สำนักพิมพ์มหาวิทยาลัยรังสิต ปทุมธานี.

### 2. Documentation and Essential information

#### 2.1 Documentations

- Christensen, B.L & Kockrow, E.O. (2011). *Adult Health Nursing*. 6<sup>th</sup> Edition. St. Louis: Mosby.

### **3. Documentation and Suggested information**

#### **3.1 Documentations**

- Ignavicius, D.D & Workman, M.L. (2010). *Medical-Surgical Nursing: Patient-Centered Collaborative Care*. 6<sup>th</sup> ed. St. Louis: Saunders/ Elsevier.

## **Section 6 Evaluation and Improvement Plan**

### **1. Effective Evaluation Strategy by Students**

- Self reflection within a group, including an instructor and students, focusing on students' knowledge, responsibility, weakness and strength, understanding on client right and professional ethics, and self development plan.
- Unit evaluation & Course evaluation

### **2. Teaching Evaluation Strategy**

- Observation of teaching strategy by team-teaching, head of bilingual nursing program, and head of Bachelor of Nursing Science Program.
- Results of examination & student report

### **3. Teaching Improvement**

- Develop teaching strategy based on reflection of teaching team, head of bilingual nursing program, head of Bachelor of Nursing Science Program, students, and results of unit and course evaluation.

### **4. Re-evaluation of student's achievement**

- Randomize interview some students by course coordinator & head of bilingual nursing program.
- All course instructors meet & verify student's learning outcome, scores, and grade.
- Defend students' grade and re-adjust in the committee of nursing program and in the faculty committee.

### **5. Verification and Planning of Course Improvement**

- Improve learning strategies based on all evaluation every year.