

# Course Specification

Institution	School of Nursing, Rangsit University						
Curriculum	Bachelor of Nursing Science Program, New Program (2.5 years)						
Section1 General Information)							
BNE 462	Community Health Nursing	2 (1-2-2)					
Co-requisites	_						
Pre-requisite	_						
Semester	2/2567						
	01						
Section <b>Type of</b>	01						
Subject	Professional Nursing Course						
Course Coordinator	1. Aj.Pranee Tudsri 2. Asst.Prof. Yupaporn Nakkling						
	1. Asst.Prof. Yupaporn Nakkling						
Course Instructors	<ol> <li>Dr. Kheamnareenee Rueanrudipirom</li> <li>Aj. Suparat Panpoklang</li> <li>Flt.Lt. Romthanika Faimuanwai</li> <li>Aj. Pranee Tudsri</li> </ol>						
Taching Place	Room 4/2-400-1 School of Nursing	🛛 นอกที่ตั้ง					
Updated Date	16 <sup>th</sup> December, 2024						

### Section 2 Course Objectives and Course Component

#### 1. Course Objectives

The "Community Health Nursing" course is aimed to provide the basic knowledge and concepts of community health nursing, consisted 3 main concepts; 1) community health and community health nursing concept, 2) healthcare services in school and workplaces; and 3) community health nursing process and nursing care of individuals and families with common health problems at home and in community. The course also provided laboratory experiences as a component of the course to students.

#### 2. Course description

Concepts of community health nursing, public health systems, national health development plan, health innovations; healthcare services in school and workplaces; community health nursing process in community and nursing care of individuals and families with common health problems at home and in community; care of pregnant women, postpartum mothers, newborns and pre-school children, patients in recovery period, patients with chronic disease, bed-ridden patients, patients in terminal stage, psychiatric patients in recovery period and those living in community; nursing communication with patients, family members, and healthcare team; access and appropriate use of resources for each patient according to laws, ethics, and professional code of ethics.

### 3. Contact hours/week for study supporting

Course instructors will be assigned and clearly announced to the students on the day of course orientation as well as posting on Google classroom.

Students are expected to meet their teaching instructors at the agreed time. Students who need additional academic help must arrange an appointment prior to meeting their instructor. The appointment can make via email, telephone, line, or contact instructor directly. Followings are instructors' contact information;

Instructor's name	Room	Contact information	Schedule
Asst.Prof.Yupaporn	4-408	Tel. 087-2952843	On appointment
Nakkling		E-mail: Yupaporn.N @rsu.ac.th	
Flt.Lt. Romthanika	4-408	E-mail: rhomthanika.f@rsu.ac.th	
Faimuanwai			
Dr. Kheamnareenee	4-408	E-mail:	
		kheamnareenee.r@rsu.ac.th	
Rueanrudipirom			
Aj. Suparat	4-408	E-mail: suparat.p@rsu.ac.th	
Panpoklang			
Aj.Pranee Tudsri	4/2-401	Tel. 091-7799645	
		E-mail: Pranee.t@rsu.ac.th	

### 4. Course Learning Outcomes (CLOs)

### 4.1 Moral and ethic

1) Demonstrate respect for the differences of clients, families and community.

2) Be able to identify ethical issues in community nursing practice and discuss the methods to solve the problems appropriately based on ethical principle.

(PLOs ระดับ1.4 เการพกวามแตกต่างระหว่างบุกกล ใช้ดุลยพินิจในการจัดการประเด็นหรือปัญหาทางด้าน

กฎหมายและจริยธรรม)

#### 4.2 Knowledge

3) Explain the community health nursing concept including community health and community health nursing, health system, national health plan and health innovation;

4) Explain healthcare services in school and workplaces

5) Explain nursing management and nursing care of individuals and families with common health problems at home and in community.

(PLOs. ระคับ2.4 มีความรู้ความเข้าใจในระบบสุขภาพ การบริหารจัดการทางการพยาบาล สามารถนำผลการวิจัยมาใช้ในการ ปฏิบัติการพยาบาล)

#### 4.3 Cognitive skills

6) Utilize scientific processes, research and innovation to analyze, identify, and plan to solve health problems of individual, families and community.

(PLOs ระดับ 3.4: ใช้กระบวนการทางวิทยาศาสตร์ การวิจัย และนวัตกรรมในการแก้ปัญหาทางสุขภาพ ออกแบบการบริหารจดัการ การบริหารความเสี่ยงในการพัฒนาคณภาพการพยาบาล)

#### 4.4 Interpersonal skill and responsibility

7) Be able to develop team work skills in group work on assigned case in laboratory practice .

(PLOs. ระดับ 4.4 สามารถทางานเป็นทีมในบทบาทผู้นำและสมาชิกทีมในบริบทและสถานการณ์ที่หลากหลาย แสดงออกถึงการมี ส่วนร่วมในการพัฒนาวิชาชีพและสังคมอย่างต่อเนื่อง)

4.5 Mathematical Analysis, Communication and Information Technology Skills

8) Be able to edit, analyse, interprete data and present data to convey information effectively.

9) Choose information technology to present the information appropriately

(PLOs. ระดับ 5.4 สื่อสารข้อมูลสุขภาพในระดับบุคคล ครอบครัว ชุมชน และสาธารณะ เพื่อให้ได้รับบริการ สุขภาพอย่างปลอดภัย)

### Section 3 Student's Learning Outcome Development

This section will provide the details of learning outcome, learning process and method of evaluation. The course expects that students will achieve these learning outcomes on the completion of the course.

	Learning Outcome	Learning Process	Evaluation
1.4	<ol> <li>Respect individual differences</li> <li>Be able to identify ethical issues in community nursing practice and discuss the methods to solve the problems appropriately based on ethical principle.</li> </ol>	<ul> <li>Facilitate group discussion based on the assigned case in laboratory practice and discussion points indicated in each case scenario</li> </ul>	<ul> <li>Guided discussion of each lab</li> <li>Moral and ethical assessment form</li> <li>Proportion of evaluation is 5%</li> </ul>

### 1. Ethics and Moral

# 2. Knowledge

	Learning Outcome	Learning Process	Evaluation
2.4	<ul> <li>3) Explain the community health nursing concept including community health and community health and community health nursing, health system, national health plan and health innovation;</li> <li>4) Explain healthcare services in school and workplaces</li> <li>5) Explain nursing management and nursing care of individuals and families with common health problems at home and in community.</li> </ul>	<ul> <li>Lecture (brief the core concepts)</li> <li>Work sheet assignment</li> <li>Presentation and group Discussion</li> </ul>	<ul> <li>Mid-term Examination 21 % (chapter 1,2)</li> <li>Final Examination 24% (chapter 3)</li> </ul>

### 3. Cognitive skills

	Learning Outcome	Learning Process	Evaluation
3.4	6) Utilize scientific processes, research and innovation to analyze, identify, and plan to solve individual, families and community health problems.	<ul> <li>Group work on case scenario assignment</li> <li>Critically analyze information from the selected scenario and select a to formulate community health plan and nursing care plan</li> <li>Nursing care plan</li> </ul>	<ul> <li>Lab practice</li> <li>Work sheet</li> <li>Nursing care plan</li> <li>Group discussion</li> </ul>

# 4. Interpersonal skill and responsibility

	Learning Outcome	Learning Process	Evaluation
4.4	<ul> <li>7) Be able to develop team work skills in group work on assigned case in laboratory practice education.</li> <li>8) Demonstrate effective communication skills to clients</li> </ul>	<ul> <li>Group work on case scenario assignment</li> <li>Role play</li> <li>group discussion and reflection on team work skills</li> </ul>	<ul> <li>Students'reflection</li> <li>Observation checklist form</li> <li>Team work and leadership evaluation form</li> </ul>

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	Learning Outcome	Learning Process	Evaluation			
5.4	Be able to 9) edit, analyse, interprete data and choose information technology to present	<ul> <li>Group work on case scenario assignment (community health nursing development, case scenario</li> <li>Group work presentation</li> </ul>	Group work     presentation			
	data effectively,	1 1				

### 5. Mathematical Analysis, Communication and Information Technology Skills

### Section 4 Lesson Plan and Evaluation

# 1. Lesson Plan

Wk./date	Time	Торіс	Learning activities/media used	Hour	Instructor
<b>Wk. 1</b> March 25, 2025	09.30- 10.00	- Course Orientation	<ul> <li>Upload RQF3 (schedule, assignments, etc.) on Google classroom 1 week before starting the course</li> <li>Review expectations and important issues of course learning and teaching</li> <li>Introduce instructors and way to contact them</li> <li>Students participate in setting classroom regulation</li> </ul>	30	Asst.Prof.Yupaporn Nakkling Aj.Pranee Tudsri
<b>Wk. 1</b> March 25, 2025	10.00- 12.00 13.00- 15.00	Chapter 1: Community health nursing concept - Concept of community - Community health nursing concept (Definition, aims, objectives, scope of community health nursing) 1.2 Public health systems 1.3 National health development plan 1.4 Health innovations	<ul> <li>Students review all assigned documents and complete assigned activities (if any)</li> <li>Lecture (brief the core concepts)</li> <li>Group or individual work activity</li> <li>Presentation and group Discussion</li> </ul>	4	

Wk./date	Time	Торіс	Learning activities/media used	Hour	Instructor
Wk. 1 March 26, 2025	9.00-12.00	Chapter 2 - Health care services in school and workplaces	<ul> <li>Students review all assigned documents and complete assigned activities (if any)</li> <li>Lecture (brief the core concepts)</li> <li>Group or individual work activity</li> <li>Presentation and group Discussion</li> </ul>	3	Dr. Kheamnareenee Rueanrudipirom
	13.00- 17.00	Chapter 33.1 Community healthnursing process3.2 Nursing care ofindividuals andfamilies with commonhealth problems athome3.2.1 Principle andconcept of individualand family care3.2.2 Type of patientsrequired home-basedCare;:-Pregnant women,postpartum mother andnew born:- children aged 1 -5year- old	<ul> <li>Students review all assigned documents and complete assigned activities (if any)</li> <li>Lecture (brief the core concepts)</li> <li>Group or individual work activity</li> <li>Presentation and group Discussion</li> </ul>	4	Asst. Prof. Yupaporn Nakkling
Wk. 2 Apr 1, 2025	08.00- 09.00	- Lab Orientation	- Review the goal of laboratory experiences, skills required, learning and teaching methods in lab.	1	Asst. Prof. Yupaporn Nakkling / Aj.Pranee Tudsri
Wk. 2 Apr 1, 2025	08.30- 17.30	Lab.1 - Community Health Nursing process	<ul> <li>Laboratory practice</li> <li>consist of</li> <li>:- Discussion on how to</li> <li>conduct a community</li> <li>need assessment (identify</li> <li>target group, source of</li> <li>information, methods and</li> </ul>	4	Aj.Pranee Tudsri

Wk./date	Time	Торіс	Learning activities/media	Hour	Instructor
<b>Wk. 2</b> Apr 1, 2025	08.30- 17.30	Lab.1 - Community Health Nursing process	used :- Regarding set of data provided in dummy table, each group practice analyze and represent data in various graphic designs (bar graph, histogram, pie chart etc.), interpret data. :- Work presentation of each group - Team learning and feedback :- Role play on priority setting of health problem	4	Aj.Pranee Tudsri
			- Team learning and feedback		
<b>Wk. 2</b> Apr 2, 2025	9.00- 17.00	Lab2 Nursing care of individuals and families with common health problems at home - Postpartum care and Child care	<ul> <li>Laboratory practice</li> <li>Laboratory practice consist of</li> <li>Brief concepts of home visit and principle of maternal and child care</li> <li>Group work (6-7 students/group) each group reviews assigned case scenario and plan to visit and provide care to the assigned case via role play</li> <li>Reflection and discussion</li> <li>Team learning and feedback</li> </ul>	7	Aj.Pranee Tudsri
<b>Wk. 3</b> Apr 8, 2025	9.00-10.00	Mid-Term Examination	23% (Chapter 1&2)		Asst. Prof. Yupaporn Aj.Pranee
<b>Wk. 3</b> Apr 8, 2025	10.00- 12.00 uaz 13.00- 15.00	Chapter 3 (Cont.) 3.2 Nursing care of individuals and families with common health problems at home - patients in recovery period, patients with chronic disease, bed- ridden patients	<ul> <li>Students review all assigned documents and complete assigned activities (if any)</li> <li>Lecture (brief the core concepts)</li> <li>Group or individual work activity</li> <li>group Discussion</li> </ul>	4	Aj. Suparat Panpoklang

Wk./date	<b>—</b>		Learning activities/media	тт	<b>T</b>
	Time	Торіс	used	Hour	Instructor
		<ul> <li>patients in terminal stage</li> <li>psychiatric patients in recovery period and those living in community</li> </ul>			
<b>Wk. 3</b> Apr 9, 2025	9.00- 17.00	Lab 3: Nursing care of individuals and families with common health problems at home - care of patients with chronic disease	<ul> <li>Laboratory practice</li> <li>Laboratory practice consist of</li> <li>Brief concepts of home visit and principle of</li> <li>maternal and child care</li> <li>Group work (6-7</li> <li>students/group) each group</li> <li>reviews assigned case</li> <li>scenario and plan to visit</li> <li>and provide care to the</li> <li>assigned case via role play</li> <li>Reflection and discussion</li> <li>Team learning and</li> <li>feedback</li> </ul>	7	Asst. Prof. Yupaporn
Wk.4		National holiday			
Apr 15 -16 Wk. 5 Apr 22, 2025	9.00- 17.00	Lab 4: Nursing care of individuals and families with common health problems at home - care of bed-ridden patients	<ul> <li>Laboratory practice</li> <li>Laboratory practice consist of</li> <li>Brief concepts of home</li> <li>visit and principle of</li> <li>maternal and child care</li> <li>Group work (6-7</li> <li>students/group) each group</li> <li>reviews assigned case</li> <li>scenario and plan to visit</li> <li>and provide care to the</li> <li>assigned case via role play</li> <li>Reflection and discussion</li> <li>Team learning and</li> <li>feedback</li> </ul>	7	Asst. Prof. Yupaporn
Apr. 23, 2025	9.00- 10.00	-Final Examination 30%	(Chapter 3)		Asst. Prof. Yupaporn Aj.Pranee

### 2. Learning Outcome Evaluation Plan

Learning outcome	Evaluation method	week	Evaluation proportion
1. Moral and Ethical Development	• group discussion based on the assigned case in laboratory practice and discussion points indicated in each case scenario	Wk. 2, 3, 5	5%
2. Knowledge	-Mid-term Examination	Apr 8, 2025	21%
	-Final Examination	Apr. 23, 2025	24 %
<ul> <li>3. Intellectual skills</li> <li>4. Interpersonal skills and responsibility</li> <li>5. Analytical and numerical skills, communicable skills, and using information and technology</li> </ul>	Laboratoy practice : - Case scenario analysis, create a nursing care plan and demonstrate nursing care at home (role play) - Team work - Reflection and discussion	Wk. 2, 3, 5	50%

### Section 5 Teaching resources

### 1. Main text

กีรดา ใกรนุวัตร, และรักชนก คชไกร. (2561). การพยาบาลชุมชน. (ฉบับปรับปรุงครั้งที่ 1). กรุงเทพฯ : เอ็นพีเพรส.

Rector, C and Stanley, S. J. (2022). *Community and Public Health Nursing* (10<sup>th</sup> ed). United State of America : Wolters Kluwer.

### 2. Documentation and Essential Information

2.1 สำนักนโยบายและยุทธศาสตร์ สำนักงานปลัคกระทรวงสาธารณสุข (2559) แผนยุทธศาสตร์ชาติระยะ

20 ปี (ด้านสาธารณสุข) เข้าถึงได้จาก

https://www.oic.go.th/FILEWEB/CABINFOCENTER2/DRAWER023/GENERAL/DATA0000/

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### Section 6 Evaluation and Improvement Plan

#### 1. Strategies for evaluating course effectiveness by students

- Students evaluate the course using the "Course Evaluation Form" and "Unit Evaluation Form"

### 2. Teaching Evaluation Strategy

- Class participation and class discussion

- Students' grade report

### 3. Teaching Improvement

- Team meeting (teaching team) to find out problems and solution

- Present teaching plan and students' grade report to the curriculum committee for approval

# 4. Verification of student achievement standards

- $\sqrt{}$  Randomly interview a few students by the course coordinator
- $\sqrt{}$  Observe students' learning behaviors (class discussion, laboratory practice)
- $\sqrt{}$  Check (discuss and verify) rating method and evaluate students' learning outcomes by instructors of community department and curriculum committee
- $\sqrt{}$  Evaluate summative knowledge by mid-term and final-exam
- Report information regarding each achievement learning outcome

Survey/Questionnaire

### etc. (specify) .....

### 5. Reviews and plan for course effectiveness improvement

- The course coordinator will review/analyze all evaluation results from students, teaching team, and comments from the committee

- All evaluation results will be used to improve the course effectiveness of the next following year